

**ARTIST VITAE**  
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and paintings. Although she no longer runs the business, she continues to show her work at various galleries.

Spirituality plays a big role in Duff's life and work. "When I'm working on a piece, I'm in the zone and connected to a force. It's important for me to be in tune with my spirits and my higher self. I believe that I have guides and they help me to lead the path of beauty and love and that's what is portrayed in my paintings.

"It's similar to an athlete. During a big competition, their mind is strictly in the moment. It's about being focused. I often feel like I'm downloading data from another source and on to the canvas.

"As I am living my life, I am compiling information," she continues "I make sure to pay attention to the details. Then it suddenly pours out of me."

Part of her routine is to stand in front of a canvas, and see what flows. "I put a bunch of paint down and step back and look at it. Examine where it is going. What is leading it. I see the whole flow of energy when I stand back and get a different perspective. What I see is the art unfolding right in front of me—it's

presenting itself to me.

Her mixed media work consists of various mediums such as acrylic and watercolor paint with metallic papers, and pen. "For me, it's more about a way to create depth and texture in my work."

Today, Duff is remarried and living and working in Cardiff-by-the-Sea, CA, where she has a separate studio on her property. Built by her husband Brian, the studio is surrounded by huge, vibrant plants and trees, visible through large windows,



**"Behind the Veil,"** a mixed media measuring 32 1/2 by 21 inches, is also available as a giclée retailing for \$425.

"The energy created by the studio and its surroundings are great for inspiration."



**"Serenity"** features watercolor, acrylic, colored pen, paper, and gold and silver leaf, measuring 24 by 24 inches (\$1,500).

Symbolism also plays a big role in Duff's art. For example in her piece, "Life is a Carousel," horses are the subject. "They represent being grounded and powerful, two important sides of the spiritual and physical

world. There is beauty in being more conscious of our actions in this world."

A recently completed painting chronicles her first ever trip to New York City. Using vibrant colors and many female-centric images of the city, Duff's inspiration was overpowering from her visit. "I was so energized by New York," she says. "It's so creative and there are so many wonderful things to see and do. I love eating the food, seeing the different faces, and hearing the different languages. It's as if the city offers the experience of total freedom and a place for all of the people of the world to come together."

Giving back helps to keep Duff grounded as well. Recently, she donated her giclée, "The Magical Life of Power" to the Multiple Sclerosis Foundation auction. When not working, the artist enjoys traveling with her husband and spending time with her grandchildren.

Lindsay Duff's mixed media original work retails from \$500 to \$4,000 and her giclées retail from \$200 to \$1,000.

For further information, telephone the artist at her Cardiff-by-the-Sea, CA, studio at (760) 500-5633 or visit her website located at: [www.visionaryartbylindsay.com](http://www.visionaryartbylindsay.com).